



## Noise at work managing risks

Regulations refer to *The Control of Noise at Work Regulations 2005*

1

### Assess risks

- What are noise hazards and who is at risk?
- What is the likely noise exposure level?
- How can you eliminate or reduce noise?
- Record actions

Regulation 5

2

### Eliminate or control the risks

- Eliminate or reduce risks where you can
- Can you use quieter machinery or tools?
- In high risk areas, technical solutions can help
- Do not exceed legal limits on noise exposure

Regulation 6

3

### Protect hearing

- Where risks remain, issue hearing protection
- Implement mandatory hearing protection zones
- Employees must use hearing protection where mandatory

Regulation 7

4

### Maintain noise control and ensure use

- Keep noise control equipment in good condition
- Check anything supplied is used correctly
- Employees report any issues or concerns

Regulation 8

5

### Monitor people at risk from noise exposure

- Check those at risk (including hearing checks)
- Update policies and plan actions to protect people
- Employees should attend hearing checks

Regulation 9

6

### Provide information and training

- Employers provide instructions and training on
  - risks from noise and how to work safely
  - noise control, hearing safety and health checks

Regulation 10

7

### Monitor, and find new ways to reduce noise at work

- Continually check for workplace noise changes
- Monitor employees at risk of exposure
- Keep an eye out for new methods to reduce noise

Regulation 5